

## Please donate these items only!

Beans (dry/tinned)	Khobez (dry)	Plantain flour
Biscuits	Kidney beans	Potatoes (tinned)
Buckwheat	Lentils (chana, moong, toor)	Poundo yam
Bulgar wheat	Lentils (masoor, urad)	Rice
Cereals	Millet	Soyabean chunks
Chickpeas (dry/tinned)	Molokhiyaa (dry)	Tahini paste
Cooking sauces	Moong beans	Tea bags
Corn (dry/tinned)	Mushrooms (tinned)	Tomatoes (tinned)
Couscous/semolina/semovita	Noodles (dry)	UHT milk
Dessicated coconut	Oatmeal	Vegetable soup (tinned)
Fava beans	Oil/olive oil	Vegetable stock
Fish (tinned)	Olives (tinned/olives)	Vegetables (tinned)
Fruits (tinned)	Pasta (dry)	Vermicelli
Garri flour	Peas (dry/tinned)	Vine leaves
Hominy corn (dry/tinned)	Pepper paste	Wheat/plain flour
Iwisa	Pickled vegetables	Za'tar

## Help us feed the hungry